

**NORTHERN ATHLETIC CONFERENCE GIRLS SWIMMING**  
**—2011 SEASON'S BEST TIMES—**

Updated 10/21/2011 • Maintained by ANDY DEVINS, NAC Swimming

**200 Yard Medley Relay**

1	2:06.66	Massena 'A'			10/14/11
		1) Dix, Allison	2) Bronchetti, Katie		
		3) Orlando, Nicole	4) Carroll, Baylee		
2	2:08.43	Canton 'A'			09/23/11
		1) Huntley, Rachel	2) Bailey, Julia		
		3) Domena, Angelina	4) LaPointe, Dasha		
3	2:13.37	Massena 'B'			09/23/11
		1) Carroll, Nikki	2) Bronchetti, Katie		
		3) LePage, Natalie	4) Hays, Savannah		
4	2:13.45	Ogdensburg 'A'			09/09/11
		1) Morrow, Susie	2) Perrigo, Natalie		
		3) Bresett, Kori	4) Buscemi, Cynthia		
5	2:14.48	Malone 'A'			10/11/11
		1) Wilson, Mackenzie	2) Reynolds, Sarah		
		3) Kemp, Emily	4) Marshall, Emily		

**200 Yard Freestyle**

1	2:12.63	Clifford, Alyssa	11	Canton	10/14/11
2	2:13.18	Orlando, Nicole	12	Massena	10/20/11
3	2:15.87	Domena, Angelina	8	Canton	10/14/11
4	2:16.18	Morrow, Susie	9	Ogdensburg	10/20/11
5	2:17.84	Wells, Britney	12	Massena	10/14/11
6	2:17.97	Buscemi, Cynthia	10	Ogdensburg	10/20/11
7	2:18.80	Kemp, Emily	11	Malone	09/30/11
7	2:19.40	Carroll, Baylee	10	Massena	09/30/11
9	2:23.06	Rose, Chantel	10	Canton	10/14/11
10	2:23.44	Frascatore, Ariana	10	Potsdam	10/14/11

**200 Yard Individual Medley**

1	2:34.42	Wells, Britney	12	Massena	10/20/11
2	2:34.85	Kemp, Emily	12	Malone	09/20/11
3	2:35.35	Orlando, Nicole	12	Massena	09/30/11
4	2:36.50	Clifford, Alyssa	11	Canton	10/04/11
5	2:39.76	Wilson, Mackenzie	10	Malone	09/16/11
6	2:40.41	Morrow, Susie	9	Ogdensburg	09/23/11
7	2:41.06	Perrigo, Natalie	10	Ogdensburg	10/04/11
8	2:42.50	Bronchetti, Katie	12	Massena	10/14/11
9	2:43.17	LaPointe, Dasha	9	Canton	09/20/11
10	2:45.72	Ward, Madeline	11	Ogdensburg	10/20/11

**50 Yard Freestyle**

1	27.33	Carroll, Baylee	10	Massena	10/14/11
2	27.48	Orlando, Nicole	12	Massena	10/04/11
2	27.48	Wilson, Mackenzie	10	Malone	10/11/11
4	28.03	LaPointe, Dasha	9	Canton	10/04/11
5	28.07	Ward, Madeline	11	Ogdensburg	09/23/11
6	28.09	Morrow, Susie	9	Ogdensburg	09/30/11
7	28.16	Mullin, Julia	9	Ogdensburg	09/23/11
8	28.40	Wells, Britney	12	Massena	09/20/11
9	28.46	Shaver, Hunter	10	Ogdensburg	10/14/11
10	28.55	Domena, Angelina	8	Canton	09/23/11

**100 Yard Butterfly**

1	1:07.53	Kemp, Emily	12	Malone	10/14/11
2	1:10.84	Morrow, Susie	9	Ogdensburg	10/11/11
3	1:12.25	LaPointe, Dasha	9	Canton	09/09/11
4	1:14.84	Wells, Britney	12	Massena	10/14/11
5	1:16.22	Douglas, Olivia	11	Massena	09/20/11
6	1:17.92	Parker, Izzy	11	Canton	10/20/11
7	1:18.07	Chambers, Shanielle	11	Potsdam	10/20/11
8	1:18.48	Bresett, Kori	12	Ogdensburg	09/16/11
9	1:19.35	LePage, Natalie	11	Massena	09/30/11
10	1:19.99	Olin, Clare	10	Canton	10/04/11

**100 Yard Freestyle**

1	59.85	Orlando, Nicole	12	Massena	10/11/11
2	1:00.44	Clifford, Alyssa	11	Canton	09/23/11
3	1:01.67	Wilson, Mackenzie	10	Malone	10/11/11
4	1:01.81	Carroll, Baylee	10	Massena	10/14/11
5	1:02.59	Kroll, Emma	7	Potsdam	10/04/11
6	1:02.90	Mullin, Julia	9	Ogdensburg	09/09/11
7	1:02.92	Domena, Angelina	8	Canton	09/30/11
8	1:03.01	Ward, Madeline	11	Ogdensburg	09/09/11
9	1:03.80	French, Sabrina	12	Potsdam	09/20/11
10	1:04.38	Visser, Emma	9	Potsdam	09/23/11

**500 Yard Freestyle**

1	6:19.85	Kemp, Emily	11	Malone	09/27/11
2	6:21.28	Domena, Angelina	8	Canton	09/23/11
3	6:22.43	Buscemi, Cynthia	10	Ogdensburg	10/04/11
4	6:25.69	Ramsdell, Cammie	9	St. Lawrence	09/30/11
5	6:26.54	Marlowe, Melissa	12	Massena	10/04/11
6	6:31.08	O'Connell, Emma	10	Massena	10/04/11
7	6:37.80	Clemmer, Kelly	11	Canton	10/20/11
8	6:39.07	Rose, Chantel	10	Canton	10/14/11
9	6:39.39	Frascatore, Ariana	10	Potsdam	10/14/11
10	6:42.11	Foote, Mackenzie	11	Potsdam	10/20/11

**200 Yard Freestyle Relay**

1	1:52.58	Massena 'A'			10/14/11
		1) Wells, Britney	2) Carroll, Baylee		
		3) Hays, Savannah	4) Orlando, Nicole		
2	1:54.85	Ogdensburg 'A'			10/04/11
		1) Shaver, Hunter	2) Morrow, Susie		
		3) Mullin, Julia	4) Ward, Madeline		
3	1:55.28	Canton 'A'			09/23/11
		1) LaPointe, Dasha	2) Clifford, Alyssa		
		3) Lombard, Kate	4) Griffin, Maddie		
4	1:56.99	Potsdam 'A'			09/16/11
		1) French, Sabrina	2) Kroll, Emma		
		3) Chambers, Shanielle	4) Visser, Emma		
5	1:59.71	Malone 'A'			09/16/11
		1) Spillane, Mackenzie	2) Child, Sophie		
		3) Tracy, Jayne	4) Kane, Julie		

**100 Yard Backstroke**

1	1:09.53	Padgett, Cheyenne	11	St. Lawrence	10/20/11
2	1:10.56	Domena, Angelina	8	Canton	10/14/11
3	1:11.48	Morrow, Susie	9	Ogdensburg	10/14/11
4	1:11.49	French, Sabrina	12	Potsdam	10/11/11
5	1:13.75	Huntley, Rachel	10	Canton	10/14/11
6	1:14.09	Clifford, Alyssa	11	Canton	09/30/11
7	1:14.62	Ramsdell, Cammie	9	St. Lawrence	09/27/11
8	1:14.97	Dix, Allison	10	Massena	10/11/11
9	1:16.27	Wilson, Mackenzie	10	Malone	10/04/11
10	1:16.65	Kemp, Emily	11	Malone	09/27/11

**100 Yard Breaststroke**

1	1:17.44	Bronchetti, Katie	12	Massena	09/16/11
2	1:19.55	Bailey, Julia	11	Canton	10/04/11
3	1:19.66	Wells, Britney	12	Massena	09/23/11
4	1:22.95	Perrigo, Natalie	10	Ogdensburg	10/14/11
5	1:23.27	Kemp, Emily	11	Malone	10/04/11
6	1:23.89	Shaver, Hunter	10	Ogdensburg	10/14/11
7	1:24.14	Bailey, Katherine	10	Canton	10/04/11
8	1:25.19	Gordon, Ashley	12	Malone	09/27/11
8	1:25.19	Richards, Molli	11	Massena	10/14/11
10	1:25.87	Aldrich, Lizzy	11	Malone	09/30/11

**400 Yard Freestyle Relay**

1	4:14.71	Massena 'A'			09/20/11
		1) Douglas, Olivia	2) Wells, Britney		
		3) Carroll, Baylee	4) Orlando, Nicole		
2	4:17.53	Canton 'A'			10/14/11
		1) Clifford, Alyssa	2) Domena, Angelina		
		3) LaPointe, Dasha	4) Lombard, Kate		
3	4:21.73	Ogdensburg 'A'			10/04/11
		1) Morrow, Susie	2) Bresett, Kori		
		3) Mullin, Julia	4) Ward, Madeline		
4	4:24.46	Potsdam 'A'			09/16/11
		1) French, Sabrina	2) Visser, Emma		
		2) Frascatore, Arianna	4) Kroll, Emma		
5	4:30.89	Malone 'A'			09/20/11
		1) Marshall, Emily	2) Kemp, Emily		
		3) Spillane, Mackenzie	4) Wilson, Mackenzie		