

# NORTHERN ATHLETIC CONFERENCE GIRLS SWIMMING

## —2010 SEASON'S BEST TIMES—

Final Regular Season (10/29/2010) • Maintained by ANDY DEVINS, NAC Swimming

### 200 Yard Medley Relay

1	2:06.82	Massena 'A'		
		1) Gabri, Mary-Claire	2) Bronchetti, Kati	09/28/10
		3) Orlando, Nicole	4) Carroll, Baylee	
2	2:09.12	St. Lawrence 'A'		10/19/10
		1) Padgett, Cheyenne	2) Brothers, Anna	
		3) Pike, Ashley	4) Evans, Jenna	
3	2:10.66	Canton 'A'		10/12/10
		1) Huntley, Rachel	2) Bailey, Julia	
		3) Domena, Angelina	4) LaPoint, Dasha	
4	2:11.33	Potsdam 'A'		10/12/10
		1) Adams, Abbie	2) Chambers, Allyssa	
		3) Roll, Sarah	4) Visser, Emma	
5	2:12.74	Malone 'A'		09/17/10
		1) Smith, Emily	2) Brand, Natalie	
		3) Kemp, Emily	4) Mills, Rita	

### 200 Yard Freestyle

1	2:12.88	Clifford, Alyssa	10	Canton	10/29/10
2	2:15.37	Drummond, Lindsay	12	Ogdensburg	10/29/10
3	2:17.35	Delormier, Sierra	12	Salmon River	10/22/10
4	2:17.71	Roll, Sarah	11	Potsdam	10/01/10
5	2:19.77	Barr, Alex	11	Ogdensburg	10/29/10
6	2:19.93	Clemmer, Kelly	10	Canton	10/26/10
7	2:20.16	Douglas, Olivia	10	Massena	10/19/10
8	2:20.61	Evans, Jenna	12	St. Lawrence	10/12/10
9	2:21.14	Smith, Emily	12	Malone	10/26/10
10	2:22.54	Buscemi, Cynthia	9	Ogdensburg	10/12/10

### 200 Yard Individual Medley

1	2:35.37	Orlando, Nicole	11	Massena	10/12/10
2	2:36.67	Kemp, Emily	10	Malone	10/26/10
3	2:38.37	Delormier, Sierra	12	Salmon River	10/15/10
4	2:38.67	Sylvester, Macy	10	Malone	10/26/10
5	2:38.99	Pike, Ashley	12	St. Lawrence	09/24/10
6	2:39.29	Bartlett, Michaela	9	Potsdam	09/28/10
7	2:40.34	Chambers, Allyssa	12	Potsdam	10/29/10
8	2:42.87	Smith, Emily	12	Malone	09/14/10
9	2:43.10	Evans, Jenna	12	St. Lawrence	10/01/10
10	2:44.40	Morrow, Susie	8	Ogdensburg	10/15/10

### 50 Yard Freestyle

1	27.26	Orlando, Nicole	11	Massena	10/05/10
2	27.44	Brothers, Anna	12	St. Lawrence	10/22/10
3	27.45	Francis, Erica	12	Salmon River	09/24/10
4	27.67	Clifford, Alyssa	10	Canton	10/26/10
5	27.98	Ward, Maddie	10	Ogdensburg	10/15/10
6	28.22	Bartlett, Michaela	9	Potsdam	10/29/10
7	28.39	Carroll, Baylee	9	Massena	09/10/10
8	28.41	Smith, Emily	12	Malone	10/29/10
9	28.43	Domena, Angelina	7	Canton	10/29/10
10	28.45	French, Sabrina	11	Potsdam	09/29/10

**100 Yard Butterfly**

1	1:08.40	Roll, Sarah	11	Potsdam	10/29/10
2	1:08.79	Kemp, Emily	10	Malone	09/17/10
3	1:11.12	Brothers, Anna	12	St. Lawrence	09/17/10
4	1:12.35	Pike, Ashley	12	St. Lawrence	10/12/10
5	1:12.45	Morrow, Suzie	8	Ogdensburg	09/15/10
6	1:13.78	Sylvester, Macy	10	Malone	10/19/10
7	1:14.22	Gabri, Mary-Claire	12	Massena	10/19/10
8	1:14.45	Bresett, Kori	11	Ogdensburg	09/21/10
9	1:15.30	LaPoint, Dasha	8	Canton	10/08/10
10	1:15.95	Delormier, Sierra	12	Salmon River	10/12/10

**100 Yard Freestyle**

1	59.22	Orlando, Nicole	11	Massena	10/29/10
2	59.59	Clifford, Alyssa	10	Canton	10/29/10
3	1:00.44	Brothers, Anna	12	St. Lawrence	10/08/10
4	1:02.36	Drummond, Lindsay	12	Ogdensburg	10/08/10
5	1:02.76	Smith, Emily	12	Malone	10/08/10
6	1:02.98	French, Sabrina	11	Potsdam	10/01/10
7	1:02.99	Delormier, Sierra	12	Salmon River	10/26/10
8	1:03.19	Francis, Erica	12	Salmon River	09/24/10
9	1:03.29	Ward, Maddie	10	Ogdensburg	10/08/10
10	1:03.95	Carroll, Baylee	9	Massena	10/22/10

**500 Yard Freestyle**

1	6:06.20	Bartlett, Michaela	9	Potsdam	10/29/10
2	6:10.34	Clemmer, Kelly	10	Canton	09/30/10
3	6:18.80	Delormier, Sierra	12	Salmon River	10/01/10
4	6:19.50	Evans, Jenna	12	St. Lawrence	10/26/10
5	6:21.91	Roll, Sarah	11	Potsdam	09/14/10
6	6:26.78	Barr, Alex	11	Ogdensburg	10/08/10
7	6:27.06	Drummond, Lindsay	12	Ogdensburg	10/22/10
8	6:30.13	Murray, Morgan	12	Ogdensburg	10/08/10
9	6:33.59	Sylvester, Macy	10	Malone	10/08/10
10	6:36.45	Smith, Emily	10	Malone	10/19/10

**200 Yard Freestyle Relay**

1	1:52.36	Massena 'A' 1) Douglas, Olivia 3) Carroll, Baylee	2) Mauch, Margaret 4) Orlando, Nicole	09/10/10
2	1:52.90	Potsdam 'A' 1) Adams, Abbie 3) French, Sabrina	2) Chambers, Allyssa 4) Dempsey, Liz	09/10/10
3	1:54.18	Salmon River 'A' 1) Delormier, Sierra 3) Jacobs, Sydney	2) LeMay, Raven 4) Francis, Erica	09/24/10
4	1:55.06	Malone 'A' 1) Sylvester, Macy 3) Smith, Emily	2) Kemp, Emily 4) Mills, Rita	09/30/10
5	1:55.36	Canton 'A' 1) LaPoint, Dasha 3) Griffin, Maddie	2) Rose, Chantal 4) Clifford, Alyssa	10/08/10

**100 Yard Backstroke**

1	1:09.13	Delormier, Sierra	12	Salmon River	10/22/10
2	1:10.37	Gabri, Mary-Claire	12	Massena	10/29/10
3	1:10.48	Padgett, Cheyenne	10	St. Lawrence	10/22/10
4	1:13.27	Morrow, Suzie	8	Ogdensburg	10/29/10
5	1:13.37	Roll, Sarah	11	Potsdam	09/29/10
6	1:13.40	Clifford, Alyssa	10	Canton	09/28/10
7	1:13.88	French, Sabrina	11	Potsdam	10/12/10
8	1:13.95	Huntley, Rachel	9	Canton	10/12/10
9	1:14.29	Smith, Emily	10	Malone	09/17/10
10	1:16.23	Pesold, Alex	12	Massena	10/19/10

**100 Yard Breaststroke**

1	1:17.49	Bronchetti, Kati	11	Massena	10/29/10
2	1:17.86	Brothers, Anna	12	St. Lawrence	09/28/10
3	1:18.36	Chambers, Allyssa	12	Potsdam	10/12/10
4	1:18.65	Wells, Britney	11	Massena	10/29/10
5	1:18.83	Bailey, Julia	10	Canton	10/12/10
6	1:22.56	Parker, Emily	12	Canton	10/29/10
7	1:22.68	Reynolds, Sarah	10	Malone	10/26/10
8	1:23.62	Richards, Molly	10	Malone	09/30/10
9	1:23.96	Bartlett, Michaela	9	Potsdam	09/07/10
10	1:24.75	Sylvester, Macy	10	Malone	09/14/10

**400 Yard Freestyle Relay**

1	4:14.99	Potsdam 'A' 1) Palmer, Chelsea 3) Chambers, Allyssa	2) Bartlett, Michaela 4) Roll, Sarah	10/29/10
2	4:17.19	Malone 'A' 1) Mills, Rita 3) Sylvester, Macy	2) Kemp, Emily 4) Smith, Emily	09/30/10
3	4:17.41	Canton 'A' 1) Clifford, Alyssa 3) Rose, Chantel	2) Clemmer, Kelly 4) Griffin, Maddie	09/30/10
4	4:18.71	Ogdensburg 'A' 1) Barr, Alex 3) Ward, Maddie	2) Buscemi, Cynthia 4) Drummond, Lindsay	10/08/10
5	4:22.96	Massena 'A' 1) Douglas, Olivia 3) Carroll, Baylee	2) Pesold, Alexandra 4) Mauch, Margaret	10/12/10