



# North Country Women's Summer Soccer League

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## 2009 LEAGUE RULES & TEAM INFORMATION

1. The regular season will begin Tuesday, May 26 and will run every Tuesday and Thursday through Tuesday, August 4.
2. Teams will play a 22-game regular season. Teams will face each other twice, once at home and once away, or at a neutral site with approval of the commissioner.
3. Games will begin at 6:30 pm. 7 players must be on the field in order to play. If a team does not have enough players, or does not show by 6:45 pm (15-minute grace period), the game will be a forfeit. Team captains MUST communicate with each other the day before or the day of the game (directions, field location, etc.). **REGULARLY SCHEDULED GAMES MUST BE PLAYED ACCORDING TO THE SCHEDULE.** In an extenuating circumstance, BOTH team captains must agree to a makeup date and get approval from the commissioner.
4. Temporary rosters are due to the commissioner by **Saturday, May 23**. Teams may have a maximum of 25 players on the roster, and players MUST be at least 16 years old. Final rosters must be submitted to the commissioner by **Saturday, June 27**, after which point there may be NO changes made except deletions.
5. NFHS (high school) rules will be followed, with the following modifications:
  - Teams will play two, 40-minute halves. In the event of a tie at the end of regulation play, teams will play one, 10-minute sudden victory overtime (first to score wins).
  - One timeout per half will be granted.
  - Unlimited substitutions are allowed whenever the ball is out of play.
  - Slide tackles will be permitted as long as they are not dangerous (experiment – to be re-evaluated prior to Week 6 games, June 30).
6. Two referees will be assigned to each game, at a fee of \$43 per official. For the playoff semifinals and championship, three referees will be used. For any regular-season game or the first round of playoffs, if the home team wants three officials on the game, they must contact the referee coordinator.
7. The top 8 teams will be eligible for playoffs. Teams will be seeded according to their total points earned in the regular season, 3 for a win and 1 for a tie. For the first round, the higher seed will host the game. For the semifinals and championship, the higher seed will host or the game or it will be played at a neutral site (to be determined by the four remaining teams). Overtime procedure: Two, 10-minute sudden victory overtimes. If there is still a tie, a winner will be decided by penalty kicks following NFHS procedures (except the championship game, where co-champions would be declared).
8. The end-of-season party will take place in the town where the championship game is to be played. All attendees are responsible for paying for their own drinks and food.